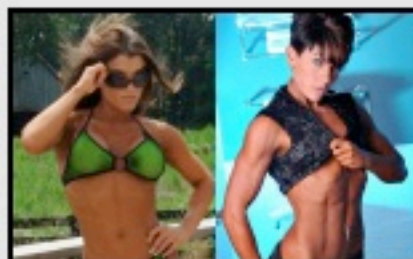


**ASK A FITNESS PRO...THE OFFICIAL Q&A... [CLICK HERE](#)**

**DO YOU HAVE A FITNESS QUESTION? ASK A PRO! SO FAR PROS DESIREE WALKER, KAYDE PUCKETT, LIZA HUGHES, NICOLE DUNCAN, SANDI STUART, SHANNON METERAUD & TANJI JOHNSON HAVE ANSWERED QUESTIONS!**



**SPORTS AFTER DARK**  
HOSTED BY  
**PUMPINIRONERN & Miss ALLIFIT**

**PUMPINIRONERN & ALLIFIT CHAT WITH FELICIA ROMERO & DAMIAN SEGOVIA MARCH 22ND ON SPORTS AFTER DARK RADIO. INTERVIEW WILL BE POSTED MONDAY EVENING. ....[CLICK HERE](#)**



**OUR SATURDAY GROUP PHOTO AT THE ARNOLD CLASSIC!**

**NATIONALS FITNESS CHAMP KAYDE PUCKETT PERFORMS THE STRADDLE HOLD**



**IFBB PRO HELLE NIELSEN'S 2010 Ms INTERNATIONAL REVIEW.....**

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**HEATHER FRENCH, SONIA GONZALES & ROSA ROMERO / NEW ZEALAND PRO**



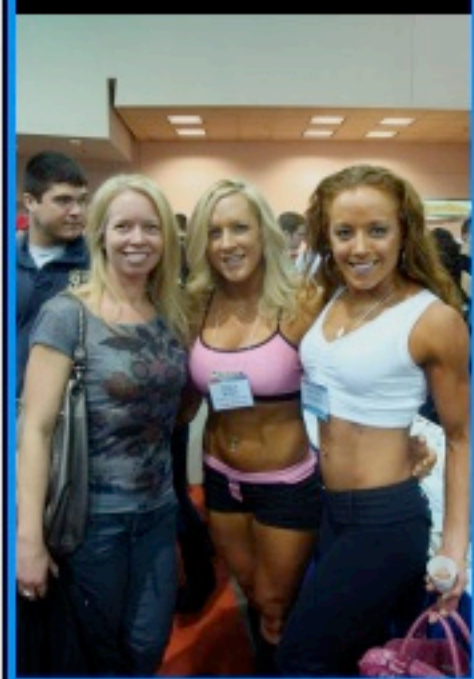
**KENYATTA PARHAM & PRO SUE UPSON AT THE ARNOLD EXPO!.....**



**THE FIT BOD TALK SHOW JACK & ANN TITONE DISCUSS BIKINI, FITNESS, COMPETITORS, JUDGING, ETC..... [CLICK HERE](#)**



**ALISON T., STACY WRIGHT & PRO KAYDE PUCKETT / ARNOLD CLASSIC!**



**LISA BOUSHARD & TAMMY PATNODE AT THE ARNOLD EXPO!.....**



**TROY JOHNSON, SNOOKIE, BOYFRIEND, AND NICK FREGLETTE AT THE ARNOLD EXPO!.....**

